



Newsletter of the **Catalina Channel Swimming Federation** Holidays 2008

This time of year, the United States celebrates Thanksgiving. We gather with families, in order to give thanks, and eat more food than necessary. In other words, just another day-in-the-life for most marathon swimmers.

Earlier this month, at the annual banquet, the Catalina Channel Swimming Federation honored 24 successful solo swimmers and 3 relay teams. The results of the 2008 season are posted at www.SwimCatalina.org

At the banquet, the CCSF also thanked our “support team”, often working behind-the-scenes and under-the-radar, who made this summer possible. It was the busiest year yet on the Catalina Channel. We had experienced swimmers arrive from 3 continents and all corners of the United States, including Massachusetts, New York, New Jersey, Tennessee, Oregon, Washington and Minnesota. Our die-hard volunteers spent precious time on the water to ensure that these out-of-state swimmers had the same level of support as the local swimmers in California.



Kayak Safety Escorts (left to right) Lee Nguyen, Matthias Schildwachter, Rich Henry, Steve Dockstader, David Clark, Ralph Lufkin, Kevin Eslinger, Lynn Kubasek, Don Rasky and Claudia Rose. **Not pictured** Al Barrett, Marie Humphries



Official CCSF Observers (pictured left to right) John York, Forrest Nelson, Claudia Rose, Jim Fitzpatrick, Carol Sing, Robert Philipson, Dorothy Thomas-Reid, Ralph Lufkin, Don Van Cleve, David Clark, Linda Bamford, Nancy Zamora and Tony Zamora. **Not pictured:** Paula Selby and Becky Jackman

Need to Christmas shop for your favorite marathon swimmer? Or maybe reward your support team with Catalina Channel Swimming Federation logo apparel. It's all available to order at CafePress.com/SwimCatalina with a wide selection of shirts, hats, tanks and hoodies. In various colors and in sizes. Not to mention 2009 calendars & household items. Each with the official CCSF logo. The Café Press link is always available at the CCSF homepage www.SwimCatalina.org



Here's what we can expect for another busy 2009 season. Swimmers are beginning to look at their calendars and hatching plans. Some have even reached out to the escort boat captains. Please check the CCSF website for application materials. Take note of the earlier entry deadline in 2009.

As we instituted this year, the CCSF will host an observer's orientation and CPR training. There's demand for events in both San Diego & Los Angeles before the 2009 swimming season.

Also, David Clark arranges an annual on-the-water seminar. He instructs kayakers and paddlers on the best techniques to escort ocean swims. The essentials of open water navigation, feeding your swimmer, and water safety. It's a class to consider for Catalina swimmers & kayakers alike.

Through this newsletter, the Catalina Channel Swimming Federation will keep you informed on 2009 events. We'll celebrate the accomplishments of marathon swimmers. Honor those who swam before us. And recognize the individuals who support marathon swimming.

In that spirit, we'll conclude the final 2008 newsletter with a photo of our President, Linda Bamford. Pictured at the annual banquet with CCSF Vice-President John York. Together, they've helped shape the Catalina Channel Swimming Federation into a 501(c)3 organization. One that's prepared to meet the rapidly-growing demand in marathon swimming. Now that's something to be thankful for.



IMPORTANT CCSF CONTACTS: Swimmers apply by writing Info@SwimCatalina.org
Kayakers & Observers, please reach Paula Selby Support@SwimCatalina.org
Treasurer Carol Sing is collecting membership fees CarolSing@SBCglobal.net
Her mailing address is 11487 Oralane Drive, El Cajon CA 92020
The Catalina Channel Swimming Federation Fax line is 866.910.3285
To be taken off this email distribution list: News@SwimCatalina.org

